

# 2019 Utah Swimming SC Senior Championships

## February 21-23, 2019

**Venue:**

Washington City Community Complex (435-656-6360)  
 350 North Community Center Drive  
 Washington City, UT 84870

**Date/Time:**

Thursday – February 21<sup>st</sup> (Relays will start no earlier than 6:30 P.M.) Warm up @ 4:30 Meet @ 5:30  
 Friday - Saturday, February 22<sup>nd</sup> – 23<sup>rd</sup> Prelims Warm-up @ 7:00 AM Meet @ 8:30 AM  
 Friday - Saturday, February 24<sup>th</sup> – 25<sup>th</sup> Finals Warm-up @ 5:00 PM Meet @ 6:00 PM

**Event Entry Information:**

Individual swimmers may enter up to SIX (6) individual events, swimming no more than THREE (3) individual events per day. Swimmers must meet the minimum qualifying time (see attached Time Standards).

**Bonus Swimmers are limited to 1 bonus swim. NTs will be accepted for the bonus swim.** The 500 Free, 1650 Free and 400 IM may not be used as bonus events.

- ✓ Thursday events will be run as timed finals.
- ✓ Friday and Saturday will run as Prelims / Finals.
- ✓ The Finals Sessions will consist of a Championship, Consolation, and Bonus heat for the individual events and will be swam in that order.

**Entry Fees, Deadline & Entry Procedures:**

Surcharge per participating swimmer: \$20.00 (this includes relays as well)  
 Individual Event Entry: \$8.00

All entries must be received by 6:00 P.M. on Monday, February 11<sup>th</sup>.

### 2019 Utah Short Course Senior Championships Time Standards

GIRLS			SENIOR	BOYS		
SCY	SCM	LCM		LCM	SCM	SCY
26.39	29.29	30.09	50 FR	27.09	26.29	23.69
57.19	1:03.49	1:05.09	100 FR	58.99	57.39	51.69
2:03.09	2:16.59	2:19.79	200 FR	2:08.39	2:05.19	1:52.79
5:43.49	5:00.19	5:06.59	500 FR	4:45.09	4:38.69	5:19.39
11:50.79	10:21.59	10:34.39	800/1000 FR	9:51.39	9:38.59	11:02.59
19:47.29	19:47.09	20:11.09	1500/1650 FR	18:52.59	18:28.59	18:30.39
1:05.29	1:12.49	1:13.69	100 Bk	1:08.09	1:06.89	1:00.29
2:24.79	2:40.69	2:43.09	200 BK	2:33.19	2:30.79	2:15.79
1:16.49	1:24.89	1:26.89	100 BR	1:19.19	1:17.19	1:09.49
2:46.69	3:04.99	3:08.99	200 BR	2:59.69	2:55.69	2:38.19
1:05.49	1:12.69	1:14.09	100 FL	1:05.69	1:04.29	57.89
2:34.89	2:51.99	2:54.79	200 FL	2:41.29	2:38.49	2:22.69
2:22.69	2:38.39	2:41.59	200 IM	2:30.49	2:27.29	2:12.69
5:06.49	5:40.19	5:46.59	400 IM	5:19.49	5:13.09	4:42.09
1:55.69	2:08.39	2:12.29	200 Free Relay	1:58.09	1:53.99	1:42.69
4:10.29	4:37.79	4:46.09	400 Free Relay	4:17.89	4:08.52	3:43.89
2:08.49	2:22.59	2:26.59	200 Medley Relay	2:14.79	2:09.64	1:56.79
4:45.99	5:17.39	5:24.29	400 Medley Relay	4:53.39	4:37.82	4:10.29

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Thursday, February 21		
Girls	Events	Boys
1	Senior 1650 Free	2
3	400 Medley Relay	4
Friday, February 22		
Girls	Events	Boys
5	400 Free Relay (swum in Prelims)	6
7	200 Free Relay (swum in Finals)	8
9	Senior 200 Free	10
11	Senior 100 Fly	12
13	Senior 200 Breast	14
15	Senior 50 Free	16
17	Senior 100 Back	18
19	Senior 400 IM	20
Saturday, February 23		
Girls	Events	Boys
21	200 Medley Relay (swum in Prelims)	22
23	Senior 200 IM	24
25	Senior 100 Free	26
27	Senior 200 Fly	28
29	Senior 100 Breast	30
31	Senior 200 Back	32
33	Senior 500 Free	34

There will be a 10 minute break after the 1650 Free.

There will be a 10 minute break after the relays.