

SPEED LAKE CITY 2026

Location: Kearns Oquirrh Park Fitness Center
5624 S Cougar Ln.
Kearns, UT 84118

Session Date & Time: Friday, June 5, 2026 & Saturday, June 6, 2026
Warm Up @ 8:00 AM | Meet Starts: 9:00 AM
Indoor 50-meter pool with eight (8) lanes

Entry Limits, Fees, & Deadlines: This meet will be limited to comply with the 4-hour rule. Individual swimmers may enter up to SEVEN (7) individual events, swimming no more than FOUR (4) individual events on Friday and THREE (3) individual events on Saturday. No Times (NTs) are accepted for all events. Surcharge per participating swimmer: \$18.00 Individual Event Fee: \$8.00

Entries Due: Tuesday, May 26th at 8:00P.M. Late entries will not be accepted.

Event Lineup - Friday, June 5 - Session 1

	Distance & Stroke	Age & Gender
1	50 Freestyle	Open & Mixed
2	200 Backstroke	Open & Mixed
3	200 Freestyle	Open & Mixed
4	100 Butterfly	Open & Mixed
5	200 Breaststroke	Open & Mixed
6	50 Backstroke	Open & Mixed
7	400 Individual Medley*	Open & Mixed

Event Lineup - Friday, June 5 - Session 2

	Distance & Stroke	Age & Gender
8	1500 Freestyle*	Open & Mixed

Event Lineup - Saturday, June 6 - Session 3

	Distance & Stroke	Age & Gender
9	50 Butterfly	Open & Mixed
10	200 Individual Medley	Open & Mixed
11	100 Breaststroke	Open & Mixed
12	200 Butterfly	Open & Mixed
13	100 Freestyle	Open & Mixed
14	50 Breaststroke	Open & Mixed
15	100 Backstroke	Open & Mixed
16	400 Freestyle*	Open & Mixed

* Positive Check In