

# 2026 UTAH SWIMMING LC CHAMPIONSHIPS

## JULY 20-22, 2026

**Venue:**

Kearns Oquirrh Park Fitness Center (801-966-5555)  
 5624 Cougar Lane  
 Kearns, UT 84118

Date/Time	Warm Up	Meet Start
Thursday - Saturday		
Preliminaries	7:30 A.M.	8:30 A.M.
Finals	4:30 P.M.	5:30 P.M.

**Entry Limits:**

Individual swimmers may enter up to SEVEN (7) individual events, swimming no more than THREE (3) individual events and ONE (1) relay per session. Individually qualified swimmers may swim up to THREE (3 bonus swims).

Swimmers must meet the minimum qualifying time except for bonus swims.

**Entry Fees:**

- **Surcharge per participating swimmer\*:**     **\$25.00 (shirt and surcharge)**
- Individual Event Entry:**                     **\$10.00**
- Entry Deadline:** All entries are due by Wednesday, July 8<sup>th</sup> by 8:00 P.M. No late entries will be accepted.

All 50s will start from the WEST end of the pool. All prelim and relay events will be swum fastest to slowest.

### 2026 Utah LC Senior Championships

<u>Monday, July 20, 2026</u>		
Girls	EVENTS	Boys
1	200 Mixed Free Relay (swum in Prelims)	1
<i>10 Minute Break in Prelims</i>		
2	Senior 200 Free	3
4	Senior 50 Fly	5
6	Senior 200 Breast	7
8	Senior 100 Back	9
10	Senior 400 IM	11
<i>10 Minute Break in Finals</i>		
12	200 Medley Relay (swum in Finals)	13
<u>Tuesday, July 21, 2026</u>		
Girls	EVENTS	Boys
14	200 Mixed Medley Relay (swum in Prelims)	14
<i>10 Minute Break in Prelims</i>		
15	Senior 100 Free	16
17	Senior 200 Fly	18
19	Senior 100 Breast	20
21	Senior 50 Back	22
23	Senior 400 Free	24
<i>10 Minute Break in Finals</i>		
25	400 Medley Relay (swum in Finals)	26
<u>Wednesday, July 22, 2026</u>		
Girls	EVENTS	Boys
27	200 Free Relay (swum in Prelims)	28
<i>10 Minute Break in Prelims</i>		
29	Senior 200 Back	30
31	Senior 50 Breast	32
33	Senior 100 Fly	34
35	Senior 50 Free	36
37	Senior 200 IM	38
<i>10 Minute Break in Prelims</i>		
39	Senior 1500 Free (timed final swum in prelims)	40
<i>10 Minute Break in Finals</i>		
41	400 Free Relay (swum in Finals)	42